

## **STUDY: Palliative for Wandering Attention**

Brainwave training with audio technology has been proven to improve learning ability and mental performance in the classroom. Under the direction of psychologist Devon Edrington, pupils participating in an Introductory Psychology course used audio containing binaural beat technology (similar to, but not as effective as iMusic) to enhance learning ability. The study found that students who were taught, studied, and took tests while listening to the binaural audio tracks performed considerably better than a control group not using the audio—scoring on average, ten points higher than students not using the audio. (Edrington, D., 1984, A Palliative for Wandering Attention, research paper.)

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**Link:**

<http://www.acure-group.com/research/article141.pdf>

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